

Check for Poisons in Your Home

Kitchen

Liquor
Vanilla extract
Cleaning agents
Dishwasher products
Veterinary medicines
Waxes and polishes
Oven cleaner
Drain cleaner
Spray oils
Medicines

Laundry Room

Cleaning solutions
Fabric softeners
Detergents
Fabric dyes
Bleach

Bathroom

Medicines
Cosmetics
Hair products
Rubbing alcohol
Aftershaves and colognes
Cleaning and polishing agents
First aid solutions and creams
Toilet cleaners and drain openers

Bedroom

Nail polish and remover
Birth control pills
Medications
Perfume

Living room

Cleaning solutions
Plants (dieffenbachia, philodendron, some types of ivy and fern)
Cigarettes and Liquor

Basement/

Garage/Storage

Paints, lacquers and varnishes
Turpentine and paint thinner
Windshield washer fluid
Gasoline and motor oil
Wood treatments
Charcoal lighter
Lye
Fertilizer
Mothballs
Antifreeze
Weed killer
Insecticides

PADIS

Poison & Drug Information Service

Help and advice on
poisons, drugs and medications
is a phone call away

PADIS

Poison & Drug Information Service
Alberta & Northwest Territories

1-800-332-1414

Saskatchewan

1-866-454-1212

FREE • CONFIDENTIAL • 24/7
EXPERTISE & ADVICE • POISONS
CHEMICALS • MEDICATIONS • HERBALS

www.padis.ca

Poison & Drug Information Service (PADIS)

PADIS is available 24 hours a day, 7 days a week to answer any questions about poisons, chemicals or toxins you may have come into contact with.

What to do when you call

- Have the poison, chemical or toxin container with you if possible, or take note of how it looked
- Listen carefully to instructions
- Ask questions if you don't understand
- Follow the advice of the PADIS expert, and head to the hospital if advised

Be prepared to answer questions about:

- The condition of the person exposed to the poison, chemical or toxin
- What and how much product was involved
- Information from the container label or a description of the substance
- The involved person's name, sex, age and weight

The PADIS expert will then recommend first aid treatment or connect you with immediate medical attention, if needed.

**If the individual is unconscious,
not breathing, or having a seizure
call 911 immediately.**

Medication and Herbal Advice

PADIS is available 24 hours a day, 7 days a week to answer any questions about the medications, drugs or herbals you may be taking.

Why call?

- When you need more information on the drugs you are taking and the possible side-effects, interactions or risks
- When you've found conflicting information on the web or from a friend and you want to find out more from an expert
- When you can't get in touch with your doctor, nurse practitioner, or other health care provider to ask questions about your medications or how they are affecting your health

We provide information about:

- Prescription and over the counter medications
- Herbals
- Vitamins and supplements
- Birth control

We provide advice about:

- Using medications and herbal supplements while pregnant or breast feeding
- Herbal supplement safety or interactions with prescription medication
- How best to take your medicine

What is PADIS?

The Poison and Drug Information Service is a multidisciplinary team of experts specially trained in poisons, toxins, drugs and medications. PADIS is always ready to respond to emergencies and answer questions.

This team of experts:

- Has been educated and trained in dealing with various herbs, chemicals, plants and natural toxins
- Can assess and evaluate your situation in a timely manner
- Will research the most up-to-date information to provide you with timely, appropriate advice for your situation
- Will provide ongoing support and follow-up until the situation is resolved