

# Check for Poisons in Your Home

## Kitchen

Liquor  
Vanilla extract  
Cleaning agents  
Dishwasher products  
Veterinary medicines  
Waxes and polishes  
Oven cleaner  
Drain cleaner  
Spray oils  
Medicines

## Laundry Room

Cleaning solutions  
Fabric softeners  
Detergents  
Fabric dyes  
Bleach

## Bathroom

Medicines  
Cosmetics  
Hair products  
Rubbing alcohol  
Aftershaves and colognes  
Cleaning and polishing agents  
First aid solutions and creams  
Toilet cleaners and drain openers

## Bedroom

Nail polish and remover  
Birth control pills  
Medications  
Perfume

## Living room

Cleaning solutions  
Plants (dieffenbachia, philodendron, some types of ivy and fern)  
Cigarettes and Liquor

## Basement/ Garage/Storage

Paints, lacquers and varnishes  
Turpentine and paint thinner  
Windshield washer fluid  
Gasoline and motor oil  
Wood treatments  
Charcoal lighter  
Lye  
Fertilizer  
Mothballs  
Antifreeze  
Weed killer  
Insecticides

**PAD!S**

Poison & Drug Information Service

Help and  
advice on  
**poisons,  
drugs and  
medications**  
is a phone  
call away

**PAD!S**

Poison & Drug Information Service  
Alberta & Northwest Territories

**1-800-332-1414**

Saskatchewan

**1-866-454-1212**

FREE • CONFIDENTIAL • 24/7  
EXPERTISE & ADVICE • POISONS  
CHEMICALS • MEDICATIONS • HERBALS

[www.padis.ca](http://www.padis.ca)

 **Alberta Health  
Services**

## Poison & Drug Information Service (PADIS)

## Medication and Herbal Advice

PADIS is available 24 hours a day, 7 days a week to answer any questions about poisons, chemicals or toxins you may have come into contact with.

### What to do when you call

- Have the poison, chemical or toxin container with you if possible, or take note of how it looked
- Listen carefully to instructions
- Ask questions if you don't understand
- Follow the advice of the PADIS expert, and head to the hospital if advised

### Be prepared to answer questions about:

- The condition of the person exposed to the poison, chemical or toxin
- What and how much product was involved
- Information from the container label or a description of the substance
- The involved person's name, sex, age and weight

The PADIS expert will then recommend first aid treatment or connect you with immediate medical attention, if needed.

**If the individual is unconscious, not breathing, or having a seizure call 911 immediately.**

PADIS is available 24 hours a day, 7 days a week to answer any questions about the medications, drugs or herbals you may be taking.

### Why call?

- When you need more information on the drugs you are taking and the possible side-effects, interactions or risks
- When you've found conflicting information on the web or from a friend and you want to find out more from an expert
- When you can't get in touch with your doctor, nurse practitioner, or other health care provider to ask questions about your medications or how they are affecting your health

### We provide information about:

- Prescription and over the counter medications
- Herbals
- Vitamins and supplements
- Birth control

### We provide advice about:

- Using medications and herbal supplements while pregnant or breast feeding
- Herbal supplement safety or interactions with prescription medication
- How best to take your medicine

## What is PADIS?

The Poison and Drug Information Service is a multidisciplinary team of experts specially trained in poisons, toxins, drugs and medications. PADIS is always ready to respond to emergencies and answer questions.

### This team of experts:

- Has been educated and trained in dealing with various herbs, chemicals, plants and natural toxins
- Can assess and evaluate your situation in a timely manner
- Will research the most up-to-date information to provide you with timely, appropriate advice for your situation
- Will provide ongoing support and follow-up until the situation is resolved

free • 24/7 • confidential

1-800-332-1414 (AB&NWT)  
1-866-454-1212 (SK)

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